

Vocabulary

1	Human	A person
2	Mammals	Have live babies and feed them with milk
3	Skeleton	The collection of bones in a body
4	Healthy	Things that are good for you, feeling well, being free of sickness
5	Unhealthy	Things that do not help to keep you healthy, feeling poorly, being ill
6	Exercise	Activity done to make the body or mind fit, strong and healthy
7	Diet	The food and drink usually eaten and drunk by a person or animal.
8	Germ	Something that lives all around us and causes illness

Key knowledge

- The names of the basic parts of the human body and where they are.
- We have five basic senses: sight, hearing, taste, smell, touch.
- We use our eyes to see
We use our ears to hear.
We use our tongue to taste.
We use our nose to smell.
We use our skin to touch.
- We keep our bodies healthy by exercising and eating a healthy diet.
- People who can help us keep healthy are:
 - Doctors
 - Nurses
 - Dentists
 - Hairdressers
 - Paramedics
 - Opticians

My Five Senses

