

Vocabulary

1	Human	A person
2	Mammals	Have live babies and feed them with milk
3	Skeleton	The collection of bones in a body
4	Healthy	Things that are good for you, feeling well, being free of sickness
5	Unhealthy	Things that do not help to keep you healthy, feeling poorly, being ill
6	Exercise	Activity done to make the body or mind fit, strong and healthy
7	Diet	The food and drink usually eaten and drunk by a person or animal.
8	Germ	Something that lives all around us and causes illness

Key knowledge

1	The names of the basic parts of the human body and where they are.
2	We have five basic senses: sight, hearing, taste, smell, touch.
3	We use our eyes to see We use our ears to hear. We use our tongue to taste. We use our nose to smell. We use our skin to touch.
4	We keep our bodies healthy by exercising and eating a healthy diet.
5	People who can help us keep healthy are: <ul style="list-style-type: none"> • Doctors • Nurses • Dentists • Hairdressers • Paramedics • Opticians

My Five Senses

