



South Leicestershire School Sports Partnership

Health | Well-being | School Sport | PE | Physical Activity

South Wigston High School, St Thomas Rd, South Wigston, Leicester. LE18 4TA

0116 2774575

www.learningsouthleicestershiressp.org.uk

Saffron Lane Athletics Rules 2022

GENERIC RULES

- Each School MUST provide 2 officials.
- Only Officials and competitors are allowed on the track and field areas.
- Each competitor may enter **ONE** individual event, plus a relay.
- Competitors should report to the starting steward when their event is called. Any competitor who reports after an event has started will not be allowed to compete.
- If the relays are called whilst a field event is taking place, any competitor taking part in both must give their name to their field event judge and then report for the relay, returning to the field event straight after the race has been completed.
- Competitors are not allowed to wear spiked shoes in any events. Competitors wearing spikes will be disqualified.
- Competitors must not be paced; This will lead to disqualification.
- Long Jump & Howler Throw events are allowed run-ups.

QUALIFICATION

- If a competitor qualifies for a final, only that competitor may compete in the final.
- Sprints and Relays:
 - o The first 4 finishers in each heat will qualify for the semi-finals.
 - o The first 4 finishers in the semi-finals will qualify for the finals.

COMPETITION FORMAT

- Scoring in each of the finals will be as follows:
 - o 1st = 8 points
 - o 2nd = 7 points
 - o 3rd = 6 points
 - o 4th = 5 points
 - o 5th = 4 points
 - o 6th = 3 points
 - o 7th = 2 points
 - o 8th = 1 point
- The top 3 finishers in each final will receive a medal.
- School Classifications:
 - o Small School – 250 pupils or less
 - o Large School – more than 250 pupils
- The winning large and small school in each age group will receive a trophy.
- The overall points winners in the large and small school categories will receive a trophy.

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Supporting South Leicestershire Schools to provide opportunities for all young people

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