

Next week we will be marking Children's Mental Health Week with a number of activities in school and on Friday 11th February we would like to invite children to 'Dress to Express'! This will be a non uniform day where children can use colour and clothing to express themselves.

In exchange we are asking for donations on ParentPay ([www.parentpay.com](http://www.parentpay.com)). These donations will be split between the children's charity Place2Be and also ourselves, so we can use the funds to access resources that can help support the mental health of children in school.

Please contact the office if you have any queries.

**DRESS TO EXPRESS**

**THIS CHILDREN'S MENTAL HEALTH WEEK**

Shine a spotlight on the importance of children and young people's mental health this Children's Mental Health Week.

Help to ensure every child has easy access to mental health support whenever they need it.

Use clothing and colour to express yourself during Children's Mental Health Week and donate £2 to Place2Be.

**Place2Be's CHILDREN'S MENTAL HEALTH WEEK**  
7 - 13 FEBRUARY 2021

#ChildrensMentalHealthWeek [childrensmentalhealthweek.org.uk](http://childrensmentalhealthweek.org.uk)