



April 24th 2024, 9.15am Key Stage 2 Family Support Event

Family Lives Project.

At Red Hill Field we endeavour to support all our children and their families. We recognise the day-to-day struggles that some of you face managing the wellbeing and mental health of both your child and you. As we are all aware accessing appropriate support can be challenging. We have been made aware of a 'Whole Family Relationship Project' and have invited Adele Watts (Senior Family Support Coordinator) into school to talk through how they can offer help and support. (This is a repeat of the 14th Feb Key Stage 1 session)



Please book a free place on ParentPay.

We look forward to seeing you on the 24th April.

Alison Dye and Moira Swarbrick.

Please find below some details of the 'Family Lives project'.

At Family Lives, we understand the complexities and struggles that can arise within family relationships. Our mission is to guide families through those difficulties and help them foster better connections and overcome challenges. By offering invaluable insights and practical support, we equip parents with evidence-based techniques to enhance their parenting skills and create a nurturing and supportive family environment.

Our family support program is carefully crafted to provide assistance to mothers, fathers, and their families at every stage of their journey. We understand that every family is unique, which is why our services are customized to meet individual needs. Whether it's in the home, community, or school, we can create personalized strategies and offer access to resources and support to foster stronger relationships and happier families.

During our 1:1 individual support sessions, we take a comprehensive approach to assisting families. After an initial assessment, we identify areas of need and establish small, attainable goals to address in subsequent sessions. We provide empathetic listening, offering service users a safe space to share their concerns. We assist them in connecting with community activities and groups, participating in workshops and courses on the Family Lives website, and directing them to helpful organizations. Our sessions are designed to help families find hope when they may feel trapped in darkness.