



Leicestershire Partnership

NHS Trust

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Leicestershire
LE3 8RA

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Dear Parent or Carer

School Digital Health and Wellbeing Contact

During the school year 2024/2025 all children in Leicestershire and Rutland in year 6 will be invited to take part in a school digital health and wellbeing questionnaire. Leicestershire Partnership NHS Trust's Healthy Together public health nurses (formerly known as school nurses) will provide an electronic link to the school; this digital form is not available to be completed at home. The school will not have access to the answers your child provides. This is an opportunity for your child to highlight any health concerns and to encourage them to take responsibility for their own health from a young age.

The following topics will be covered within the contact:

- Emotional health and wellbeing
- Bullying
- Online safety
- Healthy Lifestyle
- Body Changes/Puberty
- Transition to secondary school
- Dental Health
- Immunisations
- Vision

An example of the questions is included below:

- Do you worry about moving to a new school?
- Do you have any problems going to the toilet?

The contact will provide interactive advice with clear direction on where your child can access safe and appropriate support if required. You will be contacted by a member of the Healthy Together Public Health Nursing Team if significant health concerns are identified. You and your child can go to www.healthforkids.co.uk to access health information on all of the topics discussed in the contact.



Text a public health nurse (school nurse)

- Leicestershire & Rutland 07520 615382

The information provided by your child is confidential and will be held securely on NHS IT systems. Only a high-level overview about key themes only will be shared with Local Authority public health commissioners who commission public health nurse services, and with schools. No individual's information will be given to school staff or other children.

Information will only be added to your child's electronic medical records where health concerns are identified, and your child's GP may also have access to this information.

If you DO NOT want your child to take part in this digital health and wellbeing questionnaire, please discuss this with your child. You must then contact your child's school, who will arrange for them not to take part.

If you are happy for your child to take part then you do not need to do anything.

Yours sincerely

Public Health Nurse (School Nurse) – Healthy Together