## <u>Call of the Wild Activity Kit List</u> <u>Suggested clothing list for schools</u>



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Baggage	Luggage, the most appropriate type of bag would be a large soft sided holdall style or rucksack	
	Day rucksack, which is comfortable and can be carried over a distance. This	
	should be a suitable size (35ltr) to hold a complete change of clothes and packed	
	lunch.	
Bedding	Sleeping bag	
	Pillowcase	
	Sleep wear	
Outerwear	Walking boots	
	Wellington boots	
	Old trainers, these will get wet. Laces, no Velcro.	
	General purpose trainers	
	Indoor footwear	
	Socks – thick and thin. These will get wet	
Underwear	Underwear – this will get wet	
	swimwear	
Clothing	Trousers, tracksuit bottoms are ideal, NO JEANS	
	Shorts, these are not recommended for activities but can be brought to wear in	
	the evenings	
	Pair of old shorts to wear over wetsuits	
	T shirts – these will get wet	
	Warm sweatshirts or jumpers, something warm to put on after activities and it can	
	be very cold in the evenings	
	Fleece or coat	
	Waterproof coat and trousers	
	Warm hat and gloves	
Miscellaneous	2 towels – one for indoor use and one old one for outdoor use	
	Bobbles for long hair	
	Toiletries – no aerosols	
	Personal items such as tissues, medication, plasters etc	
	Torch with new batteries plus spares	
	Water bottle	
Sun protection	Waterproof sun cream, minimum factor 30	
•	After sun and lip balm	
	Sun cam	

Although it appears to be a rather long list, we would prefer too many items of clothing are brought and go back unworn, than have the children short of clothing whilst on the residential. Please be aware that the weather can worsen even in the height of summer.

Please note - no mobiles are to be brought. Valuables – jewellery, personal stereos etc. are not recommended. They cannot be taken on activities and could be lost or broken. Instructors carry mobile phones for emergencies.

**PLEASE NOTE** THAT ALL SPECIALIST EQUIPMENT REQUIRED FOR ACTIVITIES (INCLUDING WETSUITS) WILL BE PROVIDED BY CALL OF THE WILD