



Executive Headteacher: Mr Stephen Snelson

Head of School: Mrs Rachel Watts

Assistant Headteacher: Miss Jessica Hall / Mrs Polly Press

Copt Oak Road, Narborough,
Leicestershire LE19 3EF

23rd June 2023

Dear Parent/Carer,

Year 1 Relationships Education and Health Education

At Red Hill Field we aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme, we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school. There is more information about the areas your child will be covering below.

We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home.

In the next couple of weeks, we will be beginning some work in year 1 about 'Healthy and Safer Lifestyles'. This work forms part of an ongoing programme of RSE, which we deliver throughout the school. Our topic covers some elements of Science, some Relationships Education and Health Education.

Your children will be engaging with the following questions as part of this work:

- What are the names of the main part of the body, including scientific names for male and female genitalia? (head, neck, shoulder, back, chest, hips, leg, knee, feet, arm, elbow, penis, testicles, vulva)*
- What can my amazing body do?
- **When am I in charge of my actions and my body?**
- How can I avoid spreading common illnesses and diseases?
- **How can I keep my body clean?**

**Part of the National Curriculum for Science*

Bold from either of the statutory areas, Relationships Education or Health Education

We encourage you to discuss these areas with your child before, during or after our topic.

These are some useful sources of support:

To read the government guidance for Primary parents on RSE follow this

link assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf



Telephone: 0116 284 1500 **Email:** office@rhf.learnat.uk **Web:** redhillfield.com **Twitter:** @redhillfield

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You have the right to withdraw your child from the non-statutory elements of our programme. Please contact the **Head Teacher** if you would like to discuss this. If you would like to discuss any issues relating to our work on RSE, or to find out more about the lessons, please contact **a member of staff**.

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

Yours faithfully,

EYFS/Year 1 Department



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