



South Leicestershire School Sports Partnership

Health | Well-being | School Sport | PE | Physical Activity

South Wigston High School, St Thomas Rd, South Wigston, Leicester. LE18 4TA 0116
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www.learningsouthleicestershiressp.org.uk

Move it March- Activity Tracker Challenge

Dear Parent/ Guardian,

Your child's school has chosen to be involved in the South Leicestershire School Sports Partnership "Move It March" project which aims to encourage children across South Leicestershire to become more physically active. The project also aims to increase the number of children achieving the recommended guidelines of at least 60 minutes of exercise every day.

Students can contribute towards their schools Move It March points total and help the school be crowned the most active in Blaby. Your child can also help the Blaby Bear schools win the Move it March challenge. The local schools have tough opposition from the Lutterworth Lions, Harborough Hawks and Oadby and Wigston Wolves.

The challenge will run from **Tuesday 1st March** until **Thursday 31st March**. Children will be given an Activity Tracker where they can colour an icon to show each 15 minutes of activity completed. Activities may be walking, running, virtual workouts, PE lessons or any exercise that requires physical exertion. There are 67 icons to complete in total and the following milestones and points will be rewarded, contributing to their class and schools Move It March score:

250 minutes - Bronze Award = 1 point
500 minutes- Silver Award = 2 points
750 minutes- Gold Award = 3 points
1000 minutes- Platinum Award= 5 points

Your child should tell their teacher when they achieve a milestone and parents are asked to enter the result via the SLSSP online system by using this link <https://forms.gle/BhGFF38u3fwrckti7>. To download your child's Bronze, Silver, Gold and Platinum milestone certificates visit learningsouthleicestershiressp.org.uk/the-quad-cup/. If Platinum is achieved, your child becomes an 'Blaby Bears Active Champion' and will be entered into a prize draw to win one of our 'Blaby Bears Active Champion T Shirts' we are giving away.

We hope your child will get involved in this fun challenge that promotes the importance of physical exercise. We also welcome parents/schools to tweet us @lslssp using the hashtags #BlabyBears and #MoveitMarch

Yours sincerely,

Hussein Khan

Partnership Development Manager
South Leicestershire School Sports Partnership



South Leicestershire School Sports Partnership

Supporting South Leicestershire Schools to provide opportunities for all young people

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