

PSHE Framework: Year 6

<p>Unit 1</p>	<p>Myself and My Relationships</p> <p>Establishing Everyday Excellence</p> <p>Myself and My Relationships 5/6</p>	<ul style="list-style-type: none"> • What are the characteristics of healthy friendships on and offline and how do they benefit me? • How do trust and loyalty feature in my relationships on and offline? • Can I always balance the needs of family & friends & how do I manage this? • Can I communicate, empathise & compromise when resolving friendship issues? • How can I check that my friends give consent on and offline? • How do people in my family continue to support each other as things change?
<p>Unit 2</p>	<p>Myself and My Relationships</p> <p>Anti - Bullying 5/6</p> <p>Some objects to be covered in Anti bullying week</p>	<ul style="list-style-type: none"> • Can I explain the differences between friendship difficulties and bullying? • Can I define the characteristics and different forms of bullying? • How do people use technology & social media to bully others and how can I help others to prevent and manage this? • What do all types of bullying have in common? • Might different groups experience bullying in different ways? • How can people's personal circumstances affect their experiences? • How does prejudice sometimes lead people to bully others? • Can I respond assertively to bullying, online and offline? • How might bullying affect people's mental wellbeing and behaviour? • How and why might peers become colluders or supporters in bullying situations? • Can I identify ways of preventing bullying in school and the wider community
<p>Unit 3</p>	<p>Healthy and Safer Lifestyles</p> <p>Personal Safety 5/6</p> <p>Drug Education 5/6 Linked to Science Diet and Lifestyle</p>	<ul style="list-style-type: none"> • Can I use my Early Warning Signs to judge how safe I am feeling? • How can I seek help or advice from someone on my network of support and when should I review my network? • How could I report concerns of abuse or neglect? • Can I identify appropriate & inappropriate or unsafe physical contact? • How do I judge when it is not right to keep a secret and what action could I take? • How can I recognise risks online and report concerns? • What strategies can I use to assess risk and help me feel safer when I am feeling unsafe?
		<ul style="list-style-type: none"> • What do I know about medicines, alcohol, smoking, solvents and illegal drugs and why people use them? • How does drug use affect the way a body or brain works? • How do medicines help people with different illnesses?

		<ul style="list-style-type: none"> • What immunisations have I had or may I have in future and how do they keep me healthy? • What is drug misuse? • What are some of the laws about drugs? • How can I assess risk, recognise peer influence & respond assertively? • When and how should I check information about drugs?
	<p>Citizenship Rights, Rules & Responsibilities 5/6 - linked History Civil Rights</p>	<ul style="list-style-type: none"> • What are the conventions of courtesy & manners and how do these vary? • How does my behaviour online affect others and how can I show respect? • How do I take part in debate, respectfully listening to other people's views?
Unit 4	<p>Healthy and safer lifestyles Relationships and Sex Education –</p>	<p>Year 6</p> <ul style="list-style-type: none"> • What are different ways babies are conceived and born? (Sex Education) non- statutory PSHE • Extra non-statutory - how the sperm meets the egg. • What effect might puberty have on people's feelings and emotions? • How can my words or actions affect how others feel, and what are my responsibilities? • What should adults think about before they have children? • Why might people get married or become civil partners? • What are different families like?