

PSHE Framework: Year 2/3 A

<p>Unit 1</p>	<p>Citizenship Establishing Everyday Excellence</p> <p>Diversity and Communities</p> <p>Linked to RE Unit 1 and Geography Unit 2</p>	<ul style="list-style-type: none"> • What have we got in common and how are we different? • How might others' expectations of girls and boys affect people's feelings and choices? • How are our families the same and how are they different? • Do people who live in my locality have different traditions, cultures and beliefs? • How does valuing diversity benefit everyone? • Why are stereotypes unfair and how can I challenge them?
<p>Unit 2</p>	<p>Myself and My Relationships Anti - Bullying 3/4</p> <p>Some objects to be covered in Anti bullying week</p> <p>Healthy and Safer Lifestyles Personal Safety 1 /2</p> <p>Managing Safety and Risk 3/ 4</p>	<ul style="list-style-type: none"> • How are falling out and bullying different? • How do people use power when they bully others? • What are the key characteristics of different types of bullying? • How can lack of respect and empathy towards others lead to bullying? • What is the difference between direct and indirect forms of bullying? • What are bystanders and followers and how might they feel? • Do I understand that bullying might affect how people feel for a long time? • How can I support people I know who are being bullied by being assertive? • How does my school prevent bullying and support people involved? <ul style="list-style-type: none"> • Which school/classroom rules are about helping people to feel safe? • Can I name my own Early Warning Signs? • Who could I talk with if I have a worry or need to ask for help? • What could I do if a friend or someone in my family isn't kind to me? • Can I identify private body parts and say 'no' to unwanted touch? • What could I do if I feel worried about a secret? • What could I do if something worries or upsets me when I am online? <ul style="list-style-type: none"> • When might I meet adults I don't know & how can I respond safely? • What actions could I take in an emergency or accident and how can I call the emergency services?
<p>Unit 3</p>	<p>Healthy and Safer Lifestyles Digital Lifestyles 1/2 linked to Computing</p> <p>To be covered in internet safety week</p>	<ul style="list-style-type: none"> • What are some examples of ways in which I use technology and the internet and what are the benefits? • What is meant by 'identity' and how might someone's identity online be different from their identity in the physical world? • What are some examples of online content or contact which might mean I feel unsafe, worried or upset? • What might I need to report something and how would I do this? • What sort of rules can help to keep us safer and healthier when using technology?

	<p>Drug education 1 /2</p>	<ul style="list-style-type: none"> • Who can help me if I have questions or concerns about what I experience online or about others' online behaviour? • Which substances might enter our bodies, how do they get there and what do they do? • What are medicines and why and when do some people use them? • When and why do people have an injection from a doctor or a nurse? • Who is in charge of what medicine I take? • What different things can help me feel better if I feel poorly? • How can I keep safe with medicines and substances at home and at school?
<p>Unit 4</p>	<p>Healthy and safer lifestyles Relationships and Sex Education – links with science unit Human Anatomy</p> <p>Healthy Lifestyles – Linked to Science and Mental Health week</p>	<p>Year 2</p> <ul style="list-style-type: none"> • How do babies change and grow? (Statutory in science for Year 2) • How have I changed since I was a baby? (Statutory in science or Year 2) • What's growing in that bump? (Sex Education/NC Science) • What do babies and children need from their families? • Which stable, caring relationships are at the heart of families I know? • What are my responsibilities now I'm growing up? <p>Year 3</p> <ul style="list-style-type: none"> • How are male and female bodies different and what are the different parts called? • When do we talk about our bodies, how they change, and who do we talk to? • What can my body do and how is it special? • Why is it important to keep myself clean? • What can I do for myself to stay clean and how will this change in the future? (links back to EYFS / YR 1) • How do different illnesses and diseases spread and what can I do to prevent this? (links back to EDYFS /1) <ul style="list-style-type: none"> • What does healthy eating and a balanced diet mean? • What is an active lifestyle and how does it help me to be healthier? • What is mental wellbeing and how is it affected by my physical health? • How much sleep do I need & what happens if I don't have enough? • How can I plan and prepare simple, healthy meals safely? • How can I look after my teeth and why is it important?