



PE and extra-curricular sport at Red Hill Field

SCHOOL GAMES



Red Hill Field Primary School

has been recognised for their ongoing commitment and achievement in the School Games Programme during the Autumn & Spring Terms



Red Hill Field Primary School

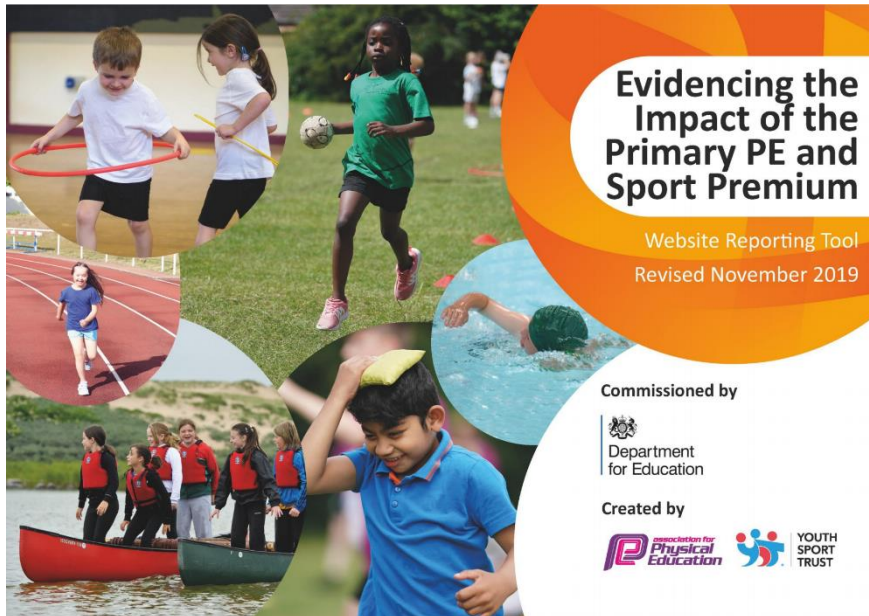
has been recognised for their support, commitment and engagement of virtual programmes during the Summer Term



Sports Premium Funding

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your pupils now and why? Use the space below to reflect on previous spend and key achievements and areas for development.

Key achievements to date until July 2019:	Areas for further improvement and baseline evidence of need:
<p>Sports leadership and mentoring - inter and intra competitive sport coordination (Virtual sports week, sports day etc), sports apprentice training to support delivery of school sport, curriculum development, staff CPD</p> <p>Daily mile all weather track, with weekly opportunities for whole school use</p> <p>Leicestershire School Sports Partnership and Brockington PE coaching buy-in for a network of competitive sport, collaboration of good practice</p>	<p>Involvement in competitive sports</p> <p>Extra-curricular activities offered</p>





Membership buy in

South Leicestershire School Sports Partnership

Health | Well-being | School Sport | PE | Physical Activity



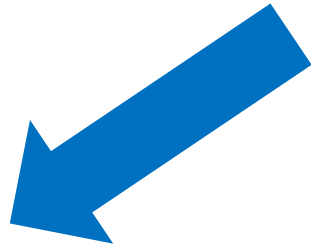
Learning South Leicestershire School Sports Partnership



Membership buy in

South Leicestershire School Sports Partnership

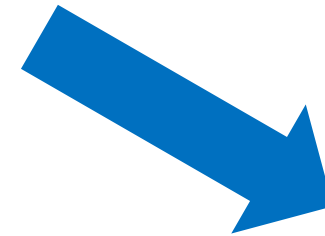
Health | Well-being | School Sport | PE | Physical Activity



Leadership opportunities



School projects



Competitive events




Virtual Sports Weeks

Sports Day could take place as normal. Therefore, the children participate in a Virtual Sports Week, which was a huge success.

Summer 2019/20

Physical workout



What different yoga poses can you perform? Challenge yourself, but make sure you perform the movement well. Click [here](#) for some ideas.

Post your poses on [@redhillfield](#) using the hashtag [#RHFsportsweek](#) or email Mr VB

Mental workout

Around the World questions
Europe

In which city would you find the Nou Camp?


Which countries compete in the Six Nations tournament?

Which European country has won the most FIFA world cups, including both men's and women's competitions?


How many European tracks are featured on the F1 calendar?


Submit your answers on Microsoft forms – [click here](#)

Creative workout



Design and build a mini stadium that could hold spectators on the field at school. You may wish to create it using lego, Minecraft etc (examples below).



Email Mr VB or post your creations on 



Virtual Sports Weeks

Following on from the success of the first Virtual Sports Week, we have continued to run virtual competitions during the 2020/21 academic year.

Autumn 2020/21

BODY BUILDING BLOCKS

Physical workout



Calcium helps healthy bone growth.

Use calcium rich food items in your house to perform exercises.

Example - 'milk jug squats' or 'cheese bicep curls'.

Post your exercises on [@redhillfield](#) using the hashtag **#RHFsportsweek** or email Mr VB



Mental workout



Name the three major bones in your arm?

What is the longest single bone in your body?

True or false?

The femur, tibia and fibula bones are found in the leg.

How many bones are there in the body?

Submit your answers on Microsoft forms – [click here](#)

Creative workout



Use items at home to create the skeleton.

Think about:

- the shape of the bones
- the length of the bones
- the position of the bones

Post your creation on twitter or email Mr VB



Spring 2020/21

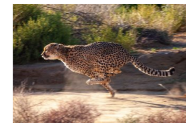
OLYMPIC GAMES

Physical workout

Animal Walks!

Japan has plenty of interesting creatures see if you can move just like them!

Use your imagination to come up with different types of animal walks! Imitate bears walking, or run fast like a cheetah!



Post your exercises on [@redhillfield](#) using the hashtag **#RHFsportsweek** or email Mr VB

Mental workout

Japan has some fantastic and rich History can you tell me?

What sport has Japan won the most Olympic gold medals in?

How many times has Japan Hosted the Summer Olympics?

What is Japan's national Sport?

Submit your answers on Microsoft forms – [click here](#)

Creative workout

Create a new Olympic Logo for the 2021 Tokyo Olympics! Try researching a little about to Japan to give you ideas!



Post your creation on twitter or email Mr VB



Daily Mile initiative

At Red Hill Field, the children have daily access to an all weather daily mile track.

As part of the Sports Premium funding, we have been able to employ a Sports Apprentice, who leads daily mile sessions at lunchtimes to promote children to be physically active.



Lunchtime Daily Mile

Are you ready for the daily mile challenge?

Tuesday and
Thursday lunchtimes
on the track with Mr
Phelps



Daily mile champions will be selected weekly for consistently high effort levels.

These champions will have their names proudly displayed and will receive 3 House Points each.